



March 2024

- B

Bistro
- DR

Dining Room
- FC

Fitness Center
- L

Lobby
- L

Library

TH

Theater Hallway

T

Theater

F

Front Circle Drive

FL





Flag Pole

MP

Multipurpose

🚶

Sign Up

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>Celebrations Team/Fitness Department</div> <div>Keycee Fabe' Director of Celebratons Mary Skaggs Celebrations Coordinator Clayton Sides Director of Transportation Melissa Collins Fitness Coordinator *Should you need to contact the team, please dial 817.562.3100, ext. 234 for Kaycee, ext. 239 for Mary, ext 229 for Clayton, and ext. 238 for Melissa. **Activities are subject to change without notice.</div>	<div>Employee Appreciation Day</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 Lunch Bunch- Bluemound Cafe☕ 1:00 <span>L</span> Mah-Jongg: Resident-Led 1:00 <span>FC</span> Open Gym 1-3:45pm 2:00 <span>MP</span> Hand &amp; Foot 2:30 <span>MP</span> Happy Hour 6:00 <span>L</span> Bridge 6:30 <span>T</span> Friday Night Movie</div>	<div></div> <div>9:30 <span>MP</span> Morning Fitness with Judy 10:00 <span>L</span> Morning Games: Resident-Led 10:30 <span>MP</span> Sit 'n' Fit with Judy 12:00 <span>T</span> Saturday Matinee 1:00 <span>L</span> Mexican Train Resident-Led 2:00 <span>T</span> Catholic Service 2:30 <span>MP</span> Happy Hour 6:30 <span>MP</span> 42 Dominoes 6:30 <span>T</span> Saturday Night Movie</div>
<div>9:00 <span>T</span> White Chapel UMC Svc 11:00 <span>MP</span> Nondenominational Christian Church Service 11:00 <span>DR</span> Sunday Brunch 12:30 <span>T</span> Church of Christ Service 2:30 <span>T</span> Sunday Matinee 4:00 Dinner out at Cotton Patch☺ 6:30 <span>T</span> Sunday Night Movie</div>	<div>9:30 <span>MP</span> Chair Fitness with Melissa 10:30 <span>MP</span> Flex, Balance &amp; Strength 11:00 <span>L</span> Mobile Monday Technology 1:00 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> Ministering Mondays-‘Christian Matinee’ 2:30 <span>MP</span> Happy Hour 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Nightcaps with Craig Murphy</div>	<div>8:30 <span>L</span> Whites Chapel Bible Study 9:00 <span>B</span> Blood Pressure Checks 9:30 <span>FL</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your GameOn 1:00 <span>FC</span> Open Gym 1-3:45pm 2:30 <span>MP</span> Happy Hour 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Resident-Led Mexican Train &amp; More 6:30 <span>T</span> Tuesday Night Movie</div>	<div>Celebrating Greek Heritage Month</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:00 <span>MP</span> Color Palettes with Charice 10:30 <span>MP</span> Flex, Balance and Strength 1:00 <span>FC</span> Open Gym 1-3:45pm 1:00 <span>MP</span> POKENO 1:30 <span>T</span> Genesis to Revelation/David Jeremiah 2:30 <span>MP</span> Greek Wine Down Toga Party 6:00 <span>MP</span> BINGO</div>	<div>9:30 <span>F</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your Game On 11:30 <span>MP</span> Drum Cardio with Judy 12:15 <span>MP</span> Line Dancing with Judy 12:30 <span>MP</span> It's a Piece of Art with Sandy 1:00 <span>T</span> Let's Talk Nutrition with Melissa 1:30 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> The Conservatory Choir 2:30 <span>MP</span> Happy Hour 6:00 <span>MP</span> Nightcaps with Jason 6:30 <span>T</span> Thursday Night Movie</div>	<div>Mad for Plaid Day</div> <div>8:30 Winstar Casino☹ 9:30 <span>MP</span> Chair Fitness with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 1:00 <span>T</span> Hymns Sing-Along with Bill Cobb 1:00 <span>L</span> Mah-Jongg: Resident-Led 1:00 <span>FC</span> Open Gym 1-3:45pm 2:00 <span>MP</span> Hand &amp; Foot 2:30 <span>MP</span> It's a Plaid Happy Hour 6:00 <span>L</span> Bridge 6:30 <span>T</span> Friday Night Movie</div>	<div>9:30 <span>MP</span> Morning Fitness with Judy 9:30 <span>MP</span> Morning Fitness with Judy 10:00 <span>L</span> Morning Games: Resident-Led 10:30 <span>MP</span> Sit 'n' Fit with Judy 10:30 <span>MP</span> Sit N' Fit with Judy 12:00 <span>T</span> Saturday Matinee 1:00 <span>L</span> Mexican Train Resident-Led 2:00 <span>T</span> Catholic Service 2:30 <span>MP</span> Happy Hour 6:30 <span>MP</span> 42 Dominoes 6:30 <span>T</span> Saturday Night Movie</div>
<div>Spring Forward-Daylight Saving Time 9:00 <span>T</span> White Chapel UMC Svc 11:00 <span>MP</span> Nondenominational Christian Church Service 11:00 <span>DR</span> Sunday Brunch 11:30 <span>DR</span> Music by Vanddi 12:30 <span>T</span> Church of Christ Service 2:30 <span>T</span> Sunday Matinee 4:00 Dinner out at Red Lobster☹ 6:30 <span>T</span> Sunday Night Movie</div>	<div>Women in the Military Day (13)</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:00 <span>T</span> Women in War-Documentary YT 10:30 <span>MP</span> Flex, Balance &amp; Strength 11:00 <span>L</span> Mobile Monday Technology 1:00 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> Ministering Mondays-‘Christian Matinee’ 2:30 <span>MP</span> Happy Hour 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Nightcaps with Ruby</div>	<div>Fire and Rain Day - James Taylor</div> <div>8:30 <span>L</span> Whites Chapel Bible Study 9:00 <span>B</span> Blood Pressure Checks 9:30 <span>FL</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your GameOn 1:00 <span>FC</span> Open Gym 1-3:45pm 1:00 <span>DR</span> Town Hall 2:30 <span>MP</span> Happy Hour-Marty Allen Nelson 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Resident-Led Mexican Train &amp; More 6:30 <span>T</span> Tuesday Night Movie</div>	<div>9:30 <span>MP</span> Chair Fitness with Melissa 10:00 <span>MP</span> Color Palettes with Charice 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>TH</span> Layne’s Fun on the Run Boutique 1:00 <span>FC</span> Open Gym 1-3:45pm 1:00 <span>MP</span> POKENO 1:30 <span>T</span> Genesis to Revelation/David Jeremiah 2:30 <span>MP</span> Wine Down Wednesday 6:00 <span>MP</span> BINGO</div>	<div>Around the World Series</div> <div>9:30 <span>F</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your Game On 11:30 <span>MP</span> Drum Cardio with Judy 12:15 <span>MP</span> Line Dancing with Judy 12:30 <span>MP</span> It's a Piece of Art with Sandy 1:00 <span>FC</span> Open Gym 1-3:45pm 1:45 <span>T</span> Current Events with Randy Mayeux 2:30 <span>MP</span> Happy Hour 4:00 <span>DR</span> A Taste of Ireland with the Van De Veer Bros. 6:30 <span>T</span> Thursday Night Movie</div>	<div>Crazy About Crafts Day</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:00 Texas Tulip Farm-cut your own ☹ 10:30 <span>MP</span> Flex, Balance and Strength 11:30 <span>MP</span> Spring Crafts - Neighborly Love 1:00 <span>L</span> Mah-Jongg: Resident-Led 1:00 <span>FC</span> Open Gym 1-3:45pm 2:00 <span>MP</span> Hand &amp; Foot 2:30 <span>MP</span> Happy Hour 3:00 <span>T</span> 5 Prize Bingo 6:00 <span>L</span> Bridge 6:00 Texas Jazz Allstars concert ☹ 6:30 <span>T</span> Friday Night Movie</div>	<div>9:30 <span>MP</span> Morning Fitness with Judy 10:00 <span>L</span> Morning Games: Resident-Led 10:30 <span>MP</span> Sit 'n' Fit with Judy 12:00 <span>T</span> Saturday Matinee 1:00 <span>L</span> Mexican Train Resident-Led 2:00 <span>T</span> Catholic Service 2:30 <span>MP</span> Happy Hour 6:30 <span>MP</span> 42 Dominoes 6:30 <span>T</span> Saturday Night Movie</div>
<div>St. Patrick’s Day</div> <div>9:00 <span>T</span> White Chapel UMC Svc 11:00 <span>MP</span> Nondenominational Christian Church Service 11:00 <span>DR</span> Sunday Brunch 12:30 <span>T</span> Church of Christ Service 2:30 <span>T</span> Sunday Matinee 4:00 Dinner out at Feed Store☺ 6:30 <span>T</span> Sunday Night Movie</div>	<div>A Journal for Your Soul/Book Club</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:30 <span>MP</span> Flex, Balance &amp; Strength 11:00 <span>L</span> Mobile Monday Technology 12:00 <span>T</span> The Hearing Clinic with Dr. Liz 12:30 <span>MP</span> Tales of a Tribe 1:00 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> Ministering Mondays-‘Christian Matinee’ 2:30 <span>MP</span> Happy Hour 3:00 <span>DR</span> DEAR Book Club 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Nightcaps with Harold Huertas</div>	<div>First Day of Spring</div> <div>8:30 <span>L</span> Whites Chapel Bible Study 9:00 <span>B</span> Blood Pressure Checks 9:30 <span>FL</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your GameOn 12:00 <span>MP</span> Legacy Wellness and You! 2:00 <span>T</span> Celebration Forum 2:30 <span>MP</span> Happy Hour 4:30 Dinner out at Acquario Italian Seafood ☹ 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Resident-Led Mexican Train &amp; More 6:30 <span>T</span> Tuesday Night Movie</div>	<div>7:30 Men’s Breakfast Out☹ 9:30 <span>MP</span> Chair Fitness with Melissa 10:00 <span>MP</span> Color Palettes with Charice 10:30 <span>MP</span> Flex, Balance and Strength 1:00 <span>FC</span> Open Gym 1-3:45pm 1:00 <span>MP</span> POKENO 1:30 <span>T</span> Genesis to Revelation/David Jeremiah 2:30 <span>MP</span> Wine Down Wednesday with Imaj 6:00 <span>MP</span> BINGO</div>	<div>Registered Nutritionist Day (13)</div> <div>9:30 <span>F</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your Game On 11:30 <span>MP</span> Drum Cardio with Judy 12:15 <span>MP</span> Line Dancing with Judy 12:30 <span>MP</span> It's a Piece of Art with Sandy 1:00 <span>T</span> Let's Talk Nutrition with Melissa 1:30 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> The Conservatory Choir 2:30 <span>MP</span> Happy Hour 6:30 <span>T</span> Thursday Night Movie</div>	<div>9:30 <span>MP</span> Chair Fitness with Melissa 10:00 Dallas Blooms at the Arboretum ☹ 10:30 <span>MP</span> Flex, Balance and Strength 1:00 <span>T</span> Hymns Sing-Along with Bill Cobb 1:00 <span>L</span> Mah-Jongg: Resident-Led 1:00 <span>FC</span> Open Gym 1-3:45pm 2:00 <span>MP</span> Hand &amp; Foot 2:30 <span>MP</span> Happy Hour 6:00 <span>L</span> Bridge 6:30 <span>T</span> Friday Night Movie</div>	<div>Purim Begins/Chips &amp; Dip Day</div> <div>9:30 <span>MP</span> Morning Fitness with Judy 10:00 <span>L</span> Morning Games: Resident-Led 10:30 <span>MP</span> Sit 'n' Fit with Judy 12:00 <span>T</span> Saturday Matinee 1:00 <span>L</span> Mexican Train Resident-Led 2:00 <span>T</span> Catholic Service 2:30 <span>MP</span> Happy Hour - Chips &amp; Dips 6:15 Ft Worth Symphony at Keller High School ☹ 6:30 <span>MP</span> 42 Dominoes 6:30 <span>T</span> Saturday Night Movie</div>
<div>Palm Sunday</div> <div>9:00 <span>T</span> White Chapel UMC Svc 11:00 <span>MP</span> Nondenominational Christian Church Service 12:30 <span>T</span> Church of Christ Service 4:00 Dinner out at Hoffbrau Steakhouse ☹ 6:30 <span>T</span> Sunday Night Movie</div>	<div>The Ambassadors Agenda</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:30 <span>MP</span> Flex, Balance &amp; Strength 11:00 <span>L</span> Mobile Monday Technology 1:00 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> Ministering Mondays-‘Christian Matinee’ 2:30 <span>MP</span> Happy Hour 3:00 <span>T</span> The Ambassadors’ Agenda 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Nightcaps with Paul Anderson</div>	<div>8:30 <span>L</span> Whites Chapel Bible Study 9:00 <span>B</span> Blood Pressure Checks 9:30 <span>FL</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your GameOn 1:00 <span>T</span> Impressions (Maint/Hskp) Forum 1:00 <span>FC</span> Open Gym 1-3:45pm 1:30 <span>T</span> Sensations (Culinary) Forum 2:30 <span>MP</span> Happy Hour with Mike Coldewey 6:00 <span>L</span> Bridge 6:00 <span>MP</span> Resident-Led Mexican Train &amp; More 6:30 <span>T</span> Tuesday Night Movie</div>	<div>Learn Some Spanish Day (29)</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:00 <span>MP</span> Color Palettes with Charice 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Introductory to Spanish 101 1:00 <span>MP</span> Conservatory’s Got Talent! 1:00 <span>FC</span> Open Gym 1-3:45pm 2:30 <span>MP</span> Wine Down Wednesday 3:00 <span>MP</span> Birthday Cupcakes 6:00 <span>MP</span> BINGO</div>	<div>9:30 <span>F</span> Walk this Weigh with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 <span>MP</span> Get Your Game On 11:30 <span>MP</span> Drum Cardio with Judy 11:30 <span>DR</span> FTW Christian School an All Strings Event 12:15 <span>MP</span> Line Dancing with Judy 12:30 <span>MP</span> It's a Piece of Art with Sandy 1:00 <span>FC</span> Open Gym 1-3:45pm 1:45 <span>T</span> Current Events with Randy Mayeux 2:30 <span>MP</span> Happy Hour 4:00 <span>DR</span> Music by Deane Peters 6:30 <span>T</span> Thursday Night Movie</div>	<div>Good Friday</div> <div>9:30 <span>MP</span> Chair Fitness with Melissa 10:30 <span>MP</span> Flex, Balance and Strength 11:00 Red Hat Ladies Lunch Out ☹ 1:00 <span>L</span> Mah-Jongg: Resident-Led 1:00 <span>FC</span> Open Gym 1-3:45pm 2:00 <span>B</span> Hand &amp; Foot 2:30 <span>MP</span> Happy Hour with Sherry Hamilton 6:00 <span>L</span> Bridge 6:30 <span>T</span> Friday Night Movie</div>	<div>9:30 <span>MP</span> Morning Fitness with Judy 10:00 <span>L</span> Morning Games: Resident-Led 10:30 <span>MP</span> Sit 'n' Fit with Judy 12:00 <span>T</span> Saturday Matinee 1:00 <span>L</span> Mexican Train Resident-Led 2:00 <span>T</span> Catholic Service 2:30 <span>MP</span> Happy Hour 6:30 <span>MP</span> 42 Dominoes 6:30 <span>T</span> Saturday Night Movie</div>
<div>Easter</div> <div>9:00 <span>F</span> White Chapel UMC Svc 11:00 <span>MP</span> Nondenominational Christian Church Service 12:30 <span>F</span> Church of Christ Service 4:00 Dinner out at Olive Garden ☹ 6:30 <span>T</span> Sunday Night Movie</div>						