CONSERVATORY
AT KELLER TOWN CENTER
By Discovery Senior Living

January 2024

B Bistro T Theater ☐ Sign Up

DR Dining Room F Front Circle Drive

FC Fitness Center QR Quilting Room

L Lobby FL Flag Pole

L Library MP Multipurpose

AT KELLER TOWN CENTER By Discovery Senior Living					Library	MP Multipurpose
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2024 HAPPY NEW YEAR	· ·	8:30 Whites Chapel Bible Study 9:00 B Blood Pressure Checks 9:30 FL Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength - 2 11:00 MP Get Your GameOn 1:00 FC Open Gym 1-3:45pm 2:30 MP Happy Hour 6:00 L Bridge 6:00 MP Resident-Led Mexican Train & More 6:30 T Tuesday Night Movie	Lord of the Rings Day-JRR Tolkien Birthday 9:30 MP Flex, Stretch & Strength - 1 10:00 B Color Palettes with Charice 10:15 Movie-The Fellowship of the Ring-Prime 10:30 MP Flex, Balance and Strength - 2 1:00 G Open Gym 1-3:45pm 1:00 MP POKENO 1:30 G Genesis to Revelation/David Jeremiah 2:30 MP Wine Down Wednesday 6:00 MP BINGO	9:30 F Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength 11:30 MP Drum Cardio with Judy 12:15 MP Line Dancing with Judy 1:00 Nutrition with Melissa 1:30 Documentary Thursday 1:30 C Open Gym 1:30-3:00pm 2:30 MP Happy Hour 6:00 MP Nightcaps with Craig Armstrong 7:00 T Thursday Night Movie	Euro Day (1) 5 9:30 MP Flex, Stretch & Strength - 1 10:30 MP Flex, Balance and Strength - 2 10:30 White Chapel Trains & Lunch At Kincaid's Hamburgers A 1:00 Mah-Jongg: Resident-Led 1:00 FC Open Gym 1-3:45pm 2:00 B Hand & Foot 2:30 MP Happy Hour-Euro & Money Trivia 6:00 B Bridge 6:30 T Friday Night Movie	9:30 MP Morning Fitness with Judy 10:00 L Morning Games: Resident-Led 10:30 MP Sit 'n' Fit with Judy 12:00 T Saturday Matinee 1:00 L Mexican Train Resident-Led 1:00 MP The Quilting Club 2:00 T Catholic Service 2:30 MP Happy Hour 6:30 B 42 Dominoes 6:30 T Saturday Night Movie
9:00 T White Chapel UMC Svc	4 00 0 4 0 45	8:30 Whites Chapel Bible Study 9:00 B Blood Pressure Checks 9:30 FL Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength - 2 11:00 MP Get Your GameOn 1:00 FG Open Gym 1-3:45pm 1:00 DR Town Hall 2:30 MP Happy Hour 6:00 B Bridge 6:00 MP Resident-Led Mexican Train & More 6:30 T Tuesday Night Movie	Hot Toddy Day (11) 10 9:30 MP Flex, Stretch & Strength - 1 10:00 B Color Palettes with Charice 10:30 MP Flex, Balance and Strength - 2 1:00 FC Open Gym 1-3:45pm 1:00 MP POKENO 1:30 T Genesis to Revelation/David Jeremiah 2:00 MP Hot Toddy Tasting 2:30 MP Wine Down Wednesday with Brad Ackland 6:00 MP BINGO	National Soup Day 11 9:30 F Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength 11:30 MP Drum Cardio with Judy 12:15 MP Line Dancing with Judy 12:30 B It's a Piece of Art with Sandy 1:00 FC Open Gym 1-3:45pm 1:45 T Current Events with Randy Mayeux 2:30 MP Happy Hour-Director's Souper Soup Contest 6:30 T Thursday Night Movie	8:30 Winstar Casino 9:30 MP Flex, Stretch & Strength - 1 10:30 MP Flex, Balance and Strength - 2 1:00 T Hymns Sing-Along with Bill Cobb 1:00 Mah-Jongg: Resident-Led 1:00 FG Open Gym 1-3:45pm 2:00 B Hand & Foot 2:30 MP Happy Hour 6:00 B Bridge 6:30 T Friday Night Movie	9:30 MP Morning Fitness with Judy 10:00 L Morning Games: Resident-Led 10:30 MP Sit 'n' Fit with Judy 10:30 MP Sit N' Fit with Judy 12:00 T Saturday Matinee 1:00 L Mexican Train Resident-Led 2:00 T Catholic Service 2:30 MP Happy Hour 6:30 B 42 Dominoes 6:30 T Saturday Night Movie
9:00 T White Chapel UMC Svc 11:00 MP Nondenominational Christian Church Service	9:30 MP Flex, Balance & Stretch 10:00 MLK/FBI-Prime 10:30 MP Flex, Balance & Strength - 2 11:00 Mobile Monday Technology 12:00 The Hearing Clinic with Dr. Liz	Hot, Sweet and Spicy Food Day 8:30 Whites Chapel Bible Study 9:00 B Blood Pressure Checks 9:30 Flew Walk this Weigh with Melissa 10:30 Flex, Balance and Strength - 2 11:00 Flex, Balance and Strength - 2 11:00 Flex, Balance and Strength - 2 11:00 Peacy Wellness and You! 1:00 Open Gym 1-3:45pm 2:00 Celebration Forum 2:30 Peacy Wellness and You! 1:00 Resident-Led Maxican Train & More 6:00 Peacy Resident-Led Mexican Train & More 6:30 Tuesday Night Movie	Houseplant Appreciation Day 7:30 Men's Breakfast Out 9:30 MP Flex, Stretch & Strength - 1 10:00 B Color Palettes with Charice 10:30 MP Flex, Balance and Strength - 2 1:00 G Open Gym 1-3:45pm 1:00 MP POKENO 1:30 T Genesis to Revelation/David Jeremiah 2:00 B Houseplant Gardening with Houston 2:30 MP Wine Down Wednesday 6:00 MP BINGO	9:30 F Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength 11:30 MP Drum Cardio with Judy 12:15 MP Line Dancing with Judy 1:00 T Nutrition with Melissa 1:00 FC Open Gym 1-3:45pm 1:30 T Documentary Thursday 2:30 MP Happy Hour with Sherry Hamilton 6:30 T Thursday Night Movie	9:30 MP Flex, Stretch & Strength - 1 10:30 MP Flex, Balance and Strength - 2 11:00 Red Hat Ladies Lunch Out A 1:00 Mah-Jongg: Resident-Led 1:00 FG Open Gym 1-3:45pm 2:00 B Hand & Foot 2:30 MP Happy Hour 3:00 T 5 Prize Bingo 6:00 B Bridge 6:30 T Friday Night Movie	9:30 MP Morning Fitness with Judy 10:00 Morning Games: Resident-Led 10:30 MP Sit 'n' Fit with Judy 12:00 Saturday Matinee 1:00 Mexican Train Resident-Led 2:00 Catholic Service 2:00 Catholic Service 2:00 MP Happy Hour 6:30 MP Happy Hour 6:30 Saturday Night Movie
9:00 ■ White Chapel UMC Svc 11:00 MP Nondenominational Christian Church Service 11:00 DR Sunday Brunch 12:30 ■ Church of Christ Service 2:30 ■ Sunday Matinee 4:00 Dinner out at Yokhama Hibachi & Sushi 6:30 ■ Sunday Night Movie	1:30 T Ministering Mondays-'Christian Matinee' 2:30 MP A Cheesy Happy Hour 6:00 L Bridge 6:00 MP Nightcaps with Paul Anderson	8:30 Whites Chapel Bible Study 9:00 B Blood Pressure Checks 9:30 FL Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength - 2 11:00 MP Get Your GameOn 1:00 FC Open Gym 1-3:45pm 2:30 MP Happy Hour 6:00 L Bridge 6:00 MP Resident-Led Mexican Train & More 6:30 T Tuesday Night Movie	The Age of Aquarius Day 9:30 MP Flex, Stretch & Strength - 1 10:00 B Color Palettes with Charice 10:30 MP Flex, Balance and Strength - 2 11:30 B Astrology Reading 1:00 C Open Gym 1-3:45pm 1:00 MP POKENO 1:30 T Genesis to Revelation/David Jeremiah 2:30 MP Wine Down Wednesday with Marty Allen Nelson 6:00 MP BINGO Handwriting Analysis Day 31	9:30 F Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength 11:30 MP Drum Cardio with Judy 12:15 MP Line Dancing with Judy 12:30 B It's a Piece of Art with Sandy 1:00 FC Open Gym 1-3:45pm 1:45 T Current Events with Randy Mayeux 2:30 MP Happy Hour 6:30 T Thursday Night Movie	International Sweatpants Day 9:30 MP Flex, Stretch & Strength - 1 10:30 MP Flex, Balance and Strength - 2 11:00 Lunch Bunch-Chicken Salad Chick 1:00 T Hymns Sing-Along with Bill Cobb 1:00 L Mah-Jongg: Resident-Led 1:00 FC Open Gym 1-3:45pm 2:00 B Hand & Foot 2:30 MP Happy Hour 6:00 L Bridge 6:30 T Friday Night Movie	9:30 MP Morning Fitness with Judy 10:00 L Morning Games: Resident-Led 10:30 MP Sit 'n' Fit with Judy 12:00 T Saturday Matinee 1:00 L Mexican Train Resident-Led 2:00 T Catholic Service 2:30 MP Happy Hour 6:30 B 42 Dominoes 6:30 T Saturday Night Movie Celebrations Team/Fitness Department
9:00 T White Chapel UMC Svc 11:00 MP Nondenominational Christian	9:30 MP Flex, Balance & Stretch 10:30 MP Flex, Balance & Strength - 2 11:00 L Mobile Monday Technology	8:30 Whites Chapel Bible Study 9:00 B Blood Pressure Checks 9:30 FL Walk this Weigh with Melissa 10:30 MP Flex, Balance and Strength - 2 11:00 MP Get Your GameOn 1:00 T Impressions (Maint/Hskp) Forum 1:00 C Open Gym 1-3:45pm 1:30 T Sensations (Culinary) Forum 2:30 MP Happy Hour 6:00 L Bridge 6:00 MP Resident-Led Mexican Train & More 6:30 T Tuesday Night Movie	Handwriting Analysis Day 9:30 MP Flex, Stretch & Strength - 1 10:00 S Color Palettes with Charice 10:30 MP Flex, Balance and Strength - 2 11:30 S What's Your Writing Say About You? 1:00 C Open Gym 1-3:45pm 1:00 MP POKENO 1:30 C Genesis to Revelation/David Jeremiah 2:30 MP Wine Down Wednesday with Mike Coldewey 3:00 MP Birthday Cupcakes 6:00 MP BINGO	BLACK FREEDOM HAPPY FREEDOM STRONG GLANGE FREEDOM FREEDOM HAPPY FREEDOM		Kaycee Fabe' Director of Celebrations Mary Skaggs Celebrations Coordinator Clayton Sides Transportation Director Melissa Collins Fitness Coordinator *Should you need to contact the team, please dial 817.562.3100, ext. 234 for Kaycee, ext. 239 for Mary, ext. 229 for Clayton, and ext. 238 for Melissa. **Activities are subject to change without notice.