



August 2023

- C Creative Arts - 3rd FL
- F Fitness Room - 2nd FL
- G Great Room - 2nd FL
- CR Card Room - 1st FL
- R Rotunda - 1st FL
- SL Safari Lounge - 1st FL
- T Theater - 1st FL
- D Dining Room - 1st FL
- TT Tree Tops - 2nd FL
- C Courtyard/Pool
- 4 4th Floor
- ★ New Activity
- 🚌 Outing on Bus
- ✓ Sign-Up Required
- 🎵 Musical Performance
- 🛋️ Self-Led
- ♥️ MOD Activity
- 👋 Health Talks
- 🏃 New Activity Fitness

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	Dr. Kazi & Padma NP Sign up in book for appointments Dr. Swails- Podiatrist 2nd Monday of each month (call for appointment) Kneading Touch- Masseur Call for Appointments	1 10:30 C Arts & Crafts 11:00 G Communion 11:00 F Sit and Fit w/ Legacy 1:00 F Advanced Line Dancing 1:00 CR Bridge 1:00 CR Resident Council Meeting (CR) 1:30 SL HWN Jewelry Repair 2:00 T TED Talk 3:00 SL Happy Hour 6:00 T Movie Night	2 9:00 C Water Aerobics 🏃 9:30 SL Mens Coffee★ 11:30 CR Mexican Train 🛋️ 1:30 G Bingo 1:30 CR Bridge 🛋️ 3:00 T Wisdom Wednesdays: Investigating the Titanic 3:30 SL Ice Cream Sandwich Bar★ 6:00 T Movie Night	3 9:30 G Bible Study w/ Prestonwood Baptist Church 9:30 R Hams Orchard 🛋️ 10:00 T BrainView Med 🛋️ 1:00 4 Mahjong 🛋️ 1:30 CR Rummikub 3:00 SL Happy Hour	4 1:00 CR Bridge 1:00 F Intro to Line Dancing 1:30 G Church Committee Mtg 2:00 T Ruby Weston 🎵 3:00 F Walking Club 🏃 3:30 SL Friday Afternoon Games with Friends 6:00 T Shabbat	5 11:00 R Movie Matinee 🛋️ 1:30 CR Rummikub 2:00 T Afternoon Movie 3:00 SL Happy Hour 6:00 T Movie Night
6	7	8	9	10	11	12
10:00 G Church Worship 1:30 CR Rummikub 2:00 T Afternoon Movie Showing 2:30 SL Sunday Fun-day Happy Hour w/ Michael♥ 6:00 T Movie Night	9:00 C Water Aerobics 🏃 11:00 T Art Appreciation 11:00 SL Blood Pressure Checks w/ Discovery 1:00 T Carol Brandon Book Review 1:00 4 Mahjong 🛋️ 1:30 G Bingo	9:00 F Tai Chi 🏃 10:00 G Town Hall Meeting (G) 11:00 F Sit and Fit w/ Legacy 1:00 F Advanced Line Dancing 1:00 CR Bridge 2:00 G Culinary Meeting (G) 3:00 SL Happy Hour 6:00 T Movie Night	9:00 C Water Aerobics 🏃 10:30 G Ambassadors Meeting 1:30 G Bingo 1:30 CR Bridge 🛋️ 3:00 T Wisdom Wednesdays: Servants of the Serpent Goddess 3:30 G Wine Club 6:00 T Movie Night	9:30 G Bible Study w/ Prestonwood Baptist Church 10:00 TT Poetry Club 10:30 CR Activity Council Meeting 1:00 4 Mahjong 🛋️ 1:30 CR Rummikub 2:00 CR Rabbi Wolk 3:00 SL Happy Hour 4:30 R Dinner Out: Princi Italia 🛋️	11:00 R DOLLS: First Watch ✓ 1:00 CR Bridge 1:00 F Intro to Line Dancing 3:00 F Walking Club 🏃 3:30 SL Friday Afternoon Games with Friends 6:00 T Shabbat	11:00 C Jewelry Making★ 1:30 CR Rummikub 2:00 T Afternoon Movie 3:00 SL Happy Hour 6:00 T Movie Night
13	14	15	16	17	18	19
10:00 G Church Worship 1:30 CR Rummikub 2:00 T Afternoon Movie Showing 2:30 G Putt Putt w/ Eric♥ 6:00 T Movie Night	9:00 C Water Aerobics 🏃 11:00 SL Blood Pressure Checks w/ Discovery 1:00 4 Mahjong 🛋️ 1:30 G Bingo 3:00 G New Resident Orientation	10:30 C Arts & Crafts 11:00 G Communion 11:00 F Sit and Fit w/ Legacy 12:00 D Birthday Celebration Lunch ✓ 1:00 F Advanced Line Dancing 1:00 CR Bridge 2:00 T TED Talk 3:00 SL Happy Hour 6:00 T Movie Night 7:00 C Greeting Card Class (SU) ✓	9:00 C Water Aerobics 🏃 9:30 SL Mens Coffee★ 11:30 CR Mexican Train 🛋️ 1:30 G Bingo 1:30 CR Bridge 🛋️ 3:00 T Wisdom Wednesdays: The Curse of the Bermuda Triangle 6:00 T Movie Night	9:30 G Bible Study w/ Prestonwood Baptist Church 10:30 R Collin County Museum 🛋️ 1:00 4 Mahjong 🛋️ 1:30 CR Rummikub 2:00 T Marty Nelson 🎵 3:00 SL Happy Hour	Amere's Boutique @ 11 AM 1:00 CR Bridge 1:00 F Intro to Line Dancing 1:30 SL National Kool Aid Day★ 3:00 F Walking Club 🏃 3:30 SL Friday Afternoon Games with Friends 6:00 T Shabbat	11:00 R Thrift Store 🛋️ 1:30 CR Rummikub 2:00 T Afternoon Movie 3:00 SL Happy Hour 6:00 T Movie Night
20	21	22	23	24	25	26
10:00 G Church Worship 1:30 CR Rummikub 2:00 T Afternoon Movie Showing 2:30 SL Parfait Bar ♥ 6:00 T Movie Night	9:00 C Water Aerobics 🏃 11:00 T Art Appreciation 11:00 SL Blood Pressure Checks w/ Discovery 1:00 4 Mahjong 🛋️ 1:30 G Bingo	9:00 F Tai Chi 🏃 10:00 R Parr Library 🛋️ 11:00 F Sit and Fit w/ Legacy 1:00 F Advanced Line Dancing 1:00 CR Bridge 3:00 SL Happy Hour 6:00 T Movie Night	9:00 C Water Aerobics 🏃 1:30 G Bingo 1:30 CR Bridge 🛋️ 3:00 T Wisdom Wednesdays: The Skyjacker That Got Away: D.B. Cooper 3:30 G Whiskey Tasting 6:00 T Movie Night	9:30 G Bible Study w/ Prestonwood Baptist Church 10:00 TT Poetry Club 1:00 4 Mahjong 🛋️ 1:30 CR Rummikub 3:00 SL Happy Hour 4:30 R Dinner Out: Urban Seafood 🛋️	United Healthcare @ 10AM 10:00 CR Brew Crew 11:00 R ROMEO: Tender BBQ ✓ 1:00 CR Bridge 1:00 F Intro to Line Dancing 3:00 F Walking Club 🏃 3:30 SL Friday Afternoon Games with Friends 6:00 T Shabbat 7:00 D Mixer w/ Tony Macaroni 🎵	11:00 R Frisco Market★ 1:30 CR Rummikub 2:00 T Afternoon Movie 3:00 SL Happy Hour 6:00 T Movie Night
27	28	29	30	31		
10:00 G Church Worship 1:30 CR Rummikub 2:00 T Afternoon Movie Showing 2:30 SL MOD w/ Pam♥ 6:00 T Movie Night	9:00 C Water Aerobics 🏃 11:00 SL Blood Pressure Checks w/ Discovery 11:00 T Health Talks w/ Discovery 🛋️ 1:00 4 Mahjong 🛋️ 1:30 G Bingo	Claudia's Closet 10:30 C Arts & Crafts 11:00 G Communion 11:00 F Sit and Fit w/ Legacy 1:00 F Advanced Line Dancing 1:00 CR Bridge 2:00 T TED Talk 3:00 SL Happy Hour 6:00 T Movie Night	9:00 R Choctaw Casino ✓ 9:00 C Water Aerobics 🏃 9:30 SL Mens Coffee★ 1:30 G Bingo 1:30 CR Bridge 🛋️ 2:30 D Chef Demo 3:00 T Wisdom Wednesdays: Petra: Lost City of Stone 6:00 T Movie Night	9:30 G Bible Study w/ Prestonwood Baptist Church 1:00 G Armchair Passport 1:00 4 Mahjong 🛋️ 1:30 CR Rummikub 3:00 SL Happy Hour	WEDNESDAY Walmart 8:00AM Dollar Tree/Banks 10:00AM CVS/Walgreens 11:00AM Kroger 1:45PM	
					FRIDAY Kroger 8:00AM Dollar Tree/Banks 10:00AM CVS/Walgreens 11:00AM Walmart 1:45PM	