



- 10/1 Rachel Hudgins
- 10/3 Polly Black
- 10/6 Doris Rainwater
- 10/7 Anita Sirois
- 10/8 Doris Donnell
- 10/9 Doris Cotton
- 10/9 Roberto Nix
- 10/10 Alberto Lopez
- 10/20 Nell McDonald
- 10/26 Barbara Lycan



'X Gets the Square'
 The game show that brought tic-tac-toe to TV, "The Hollywood Squares" premiered Oct. 17, 1966. With the goal of getting three in a row, contestants called on celebrities, each sitting in a square of a giant grid, then tried to determine if the stars were telling the truth or bluffing their usually funny answers to trivia questions.

Be Game for Anything
 "Embracing awkward is worth cultivating. Because life ... rarely goes as planned." —Eli Manning

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>8:30 Sunday Service With Pastor Bart (BC) 10:00 Newspaper & Coffee (Bistro) 1:00 Virtual Tai Chi (WC) 3:00 Root Beer Float Sunday (Bistro) 5:00 Outside Corn Hole (Patio) 6:00 Movie (THTR)</p> | <p>9:30 Chair Yoga (Flexibility) 10:30 Power Meditation (THTR) 10:00-2:00 COVID Clinic (BC) 10:30 Eggery Class (CS) 11:30 Rise and F.I.T. (WC) 1:00 Bridge (GR) 2:30 Dumbbell Class (WC) 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Balance Class-Legacy (WC) 2:30 Kickboxing (WC) 3:00 BINGO (BC) 4:00 Soda at Hour (Bistro) 6:00 Marbles & Jokers Game (GR) 6:30 Movie (THTR)</p> | <p>9:30 Balance Class (WC) 10:30 Houston Museum of Natural Science PCTA 11:30 Chair Yoga (WC) 1:00 Blood Pressure W/At Your Side (UL) 1:00 Open Gym (WC) 2:30 Dumbbell Class (WC) 3:00 Book Club (BC) 4:00 Social Hour (WC) 6:30 Movie</p> | <p>9:30 Rise and F.I.T. (WC) 10:30 Bible Study Class (ER) 10:30 Line Dancing (WC) 11:00 Marsha's Petting Zoo 1:00 Balance Class W/Legacy (WC) 2:30 Kick Boxing (WC) 3:00 BINGO (BC) 6:00 Marbles & Jokers Game (GR) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 10am-2pm COVID Clinic (BC) 11:00 Count Your Blessings 11:30 Isometric Strength WC 2:00 Sports Trivia (BC) 2:30 Balance Class (WC) 4:00 Social Hour 6:00 Canasta (BC) 6:30 Movie (THTR)</p> | <p>9:30 The Refresh-ed Band (ROT) 10:00 Strength and Stretch W/Caroline (WC) 2-5 Conservatory Champion Forest Grand Unveiling 3:00 Putting (Courtyard) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> |
| <p>8:30 Sunday Service With Pastor Bart (BC) 10:00 Newspaper & Coffee (Bistro) 1:00 Virtual Tai Chi (WC) 3:00 Root Beer Float Sunday (Bistro) 5:00 Outside Corn Hole (Patio) 6:00 Movie (THTR)</p> | <p>Columbus Day 9:30 Chair YOGA (WC) 10:00 Power Meditation Outside (WC) 10:30 Eggery Class (CS) 11:30 Wellness Chat (THTR) 1:00 Rise and F.I.T. (WC) 1:00 Bridge (GR) 2:00 Native American Sp & Paint (CS) 2:30 Dumbbell Class (WC)</p> | <p>8:30 Lakewood Methodist BINGO (BUS) 9:30 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Balance Class-Legacy (WC) 2:30 Kickboxing (WC) 3:00 BINGO (BC) 4:00 Soda at Hour (Bistro) 6:00 Marbles & Jokers Game (GR) 6:30 Movie (THTR)</p> | <p>9:30 Balance Class (WC) 10:00 Veterans Breakfast at Victors (BUS) 11:30 Chair Yoga (WC) 1:00 Blood Pressure W/At Your Side (UL) 1:00 Open Gym (WC) 2:00 Alzheimer's/Memory Care Talk W/Legacy (BC) 2:30 Dumbbell Class (WC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> | <p>9:30 Rise and F.I.T. (WC) 10:30 Bible Study Class (ER) 10:30 Line Dancing (WC) 1:00 Balance Class W/Legacy (WC) 2:30 Kick Boxing (WC) 3:00 BINGO (BC) 6:00 Marbles & Jokers Game (GR) 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 10am-2pm Flu Clinic (BC) 11:00 Coffee-Share Fall Memories (Bistro) 11:30 Isometric Strength 1:00 Open Gym 2:30 Balance Class (WC) 4:00 Social Hour 6:00 Canasta (BC) 6:30 Movie (THTR)</p> | <p>10:00 Strength and Stretch W/Caroline (WC) 11:00 Flower Collection Trip to Meyer Park/BUS 1:00 Flower Press Class (GRT) 1:00 Virtual Aerobics (WC) 3:00 Outside Corn Hole 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> |
| <p>8:30 Sunday Service W/Pastor Bart (BC) 10:00 Newspaper & Coffee (Bistro) 1:00 Virtual Tai Chi (WC) 3:00 Root Beer Float Sunday (WC) 5:00 Outside Corn Hole (Patio)</p> | <p>9:30 Chair YOGA (WC) 10:00 Power Meditation (THTR) 10:00-2:00 Flu Clinic (BC) 10:30 Eggery Class (CS) 11:30 Rise and F.I.T. (WC) 1:00 Bridge (GR) 2:30 Dumbbell Class (WC) 3:00 Activities Talk (THTR) 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Balance Class-Legacy (WC) 2:30 Kickboxing (WC) 3:00 BINGO (BC) 4:00 Soda at Hour (Bistro) 6:00 Marbles & Jokers Game (GR) 6:30 Movie (THTR)</p> | <p>9:30 Balance Class (WC) 11:00 Lunch at Trader Joe's 11:30 Chair Yoga (WC) 1:00 Blood Pressure W/At Your Side (UL) 1:00 Open Gym (WC) 2:30 Dumbbell Class (WC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> | <p>9:30 Rise and F.I.T. (WC) 10:30 Bible Study Class (BC) 10:30 Line Dancing (WC) 11:30 Men's Strength (WC) 1:00 Balance Class W/Legacy (WC) 2:30 Kick Boxing (WC) 3:00 BINGO (BC) 4:00 Birthday Celebration W/Blane Faul/BISTRO 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 11:00 Count Your Blessings T 11:30 Isometric Training WC 1:00 Open Gym 2:00 Shuffle Board Tournament (GRT) 2:30 Balance Class (WC) 4:00 Social Hour (Bistro) 6:00 Canasta (BC) 6:30 Movie (THTR)</p> | <p>10:00 Strength and Stretch W/Caroline (WC) 11:00 Walk to End Alzheimer's-Conservatory Champion Forest 1:00 Virtual Aerobics (WC) 3:00 Outside Corn Hole 4:00 Yachtzoo (BC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> |
| <p>8:30 Sunday Service W/Pastor Bart (BC) 10:00 Newspaper & Coffee (Bistro) 1:00 Virtual Tai Chi (WC) 4:00 Halloween Costume & Candy Social Hour 5:00 Outside Corn Hole (Patio) 6:00 Movie (THTR)</p> | <p>9:30 Chair Yoga (Flexibility) 10:30 Power Meditation (THTR) 10:30 Eggery Class (CS) 11:30 Rise and F.I.T. (WC) 1:00 Bridge (GR) 2:30 Dumbbell Class (WC) 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Balance Class-Legacy (WC) 2:30 Kickboxing (WC) 3:00 BINGO (BC) 4:00 Soda at Hour (Bistro) 6:00 Marbles & Jokers Game (GR) 6:30 Movie (THTR)</p> | <p>9:30 Balance Class (WC) 11:00 Lunch at Adirick Cafe 11:30 Chair Yoga (WC) 1:00 Blood Pressure W/At Your Side (UL) 1:00 Open Gym (WC) 2:30 Dumbbell Class (WC) 3:00 Ice Cream Social W/Legacy (Bistro) 6:30 Movie (THTR)</p> | <p>9:30 Rise and F.I.T. (WC) 10:30 Bible Study Class (BC) 10:30 Line Dancing (WC) 11:30 Men's Strength (WC) 1:00 Balance Class W/Legacy (WC) 2:30 Kickboxing (WC) 3:00 BINGO (BC) 4:00 Dr. Seuss Poetry Contest 6:30 Movie (THTR)</p> | <p>9:30 Water Aerobics (Pool) 11:00 Count Your Blessings T 11:30 Isometric Training WC 1:00 Open Gym 2:00 Pool Tournament (GRT) 2:30 Balance Class (BC) 4:00 Social Hour (BISTRO) 6:00 Canasta (BC) 6:30 Movie (THTR)</p> | <p>10:00 Strength and Stretch W/Caroline (WC) 1:00 Trip to Houston Premium Outlet Mall (BUS) 1:00 Virtual Aerobics (WC) 3:00 Outside Corn Hole 4:00 Yachtzoo (BC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p> |